ATHLETIC TRAINING ROOM INFORMATION

- Athletic training room hours are Monday through Friday from 10:00am until the completion of the last practice or game. Weekends hours will be based on event coverage.

- On game day, the athletic training room hours are extended 2 hours before any competition and ½ hour after competition.

- A certified athletic trainer will be available during specified hours unless other pre-arrangements are made.

- Athletic trainers will conduct themselves in a professional manner at all times. Student-athletes are expected to conduct themselves in a professional manner while in the care of the athletic trainer. Swearing, yelling, or any other disruptive behavior is never permissible.

- Athletic trainers will prioritize coverage of all games and practices.

- Student-athletes will have direct access to all athletic trainers. Telephone numbers will be posted in the athletic training room. Misuse of this privilege will not be tolerated.

- Student-athletes are not permitted to “hang out” in the athletic training room unless they are receiving treatment or doing rehabilitation. Loitering in the athletic training room is not permitted.

- Head coaches will receive notification of any missed appointments for treatment or rehabilitation.

- Failure to attend scheduled rehabilitation sessions may result in a delay in clearance to participate.

- If a doctor’s appointment is recommended by the athletic trainer, the student-athlete must attend the appointment. Refusal to attend a recommended doctor’s appointment will require the student-athlete to sign a declination of medical services form.

- If a student-athlete misses a scheduled doctor’s appointment, his or her coach will be notified immediately and the student-athlete will be required to explain in writing the reason(s) for failing to attend the appointment.

- Student-athletes under a physician’s care require the physician’s clearance before returning to practice.

- Dietary supplements contain substances that are banned by the NCAA and **NOT** permissible for use. For further information to identify banned substances please contact the athletic trainer.

I, ____________________________________, have received, reviewed and agree to abide by the Department of Athletics’ Training Room Information. I understand that if I do not follow this information, appropriate measures will be taken by the Department of Athletics and/or by my coach.

________________________________   _________________  
Signature of Student-Athlete     Date

________________________________   _________________  
Signature of Parent or Guardian    Date